

MASSAGES

RELAXING MASSAGE

90 minutes / 1 590 CZK

A pleasant soothing massage that relaxes the muscles, relieves stiffness caused by stress and induces a state of total harmony of body and mind. Relaxing massage involves the applying natural aroma oils, which contribute to the pleasant enjoyment of the massage, to the regeneration of the body and to the blood circulation of the skin. The oxygen supply to the cells is improved and the signs of ageing are reduced.

RELAXING MASSAGE WITH A HEATED WRAP

90 minutes / 1 890 CZK

The harmonious combination of a full body massage and a warm wrap will restore your vital energy. The massage helps to flush toxins from the body, improves blood and body fluid circulation. The heated body wrap will promote detoxification, soften the skin and enrich it with nutrients. Enjoy a luxurious experience with all your senses!

REGENERATIVE MASSAGE

60 minutes / 1 290 CZK

45 minutes / 890 CZK

Regenerative massage is suitable for recovering the body before or after increased physical activity (e.g. gardening, more demanding sports activity), but also during prolonged unilateral activity (driving, sedentary work or long standing at work). Massage relieves simple muscle pain and stiffness. Regenerative massage also benefits the joints through blood circulation and rebalancing of muscles.

REFLEXOLOGY FOOT MASSAGE

45 minutes / 890 CZK

A reflexology foot massage will provide you with extraordinary moments of relaxation after a busy day. The massage has a positive effect on the whole body, as there are a large number of reflex points in the feet, each of which corresponds to a specific organ or area of the body. In particular, the massage uses the pressure of the thumbs and index fingers on each reflex point to relax the problem areas and help calm the body.

ANTI-MIGRAINE MASSAGE

30 minutes / 690 CZK

A therapy directly designed to eliminate headaches. During the massage the neck muscles, head and shoulders are thoroughly relaxed. By acting on acupressure points, pain is relieved, mood is improved, fatigue is reduced and the nervous system is balanced.

INDIVIDUAL CUSTOMIZED MASSAGE

30 minutes / 690 CZK

45 minutes / 890 CZK

60 minutes / 1 290 CZK

90 minutes / 1 590 CZK

A specially designed therapeutic massage, which is composed of several techniques based on the client's current state of mind and health.

COLLAGEN SOLARIUM

One-time entry 10 CZK/min

Top up a deposit of CZK 1,000 or more 7,50 CZK/mi